

Fork: FOX 40 Float FIT4 LSC EVOL Performance Elite 200mm

Follow FOX 40 recommended settings on the left back side of the casting.

Mondraker recommended FOX 40 Float FIT4 fork settings based on Rider weight & Downhill application:

SAG		RECOMMENDED SETTING*	
rider weight	air pressure	clicks from full open	
lbs / kg	psi	rebound	FIT4 compression
120 / 54	49	5-6	1
140 / 64	56	6-7	1
160 / 73	63	7-8	1
180 / 82	70	8-9	2
200 / 91	77	9-10	4
220 / 100	84	10-11	6
240 / 109	91	11-12	8

Suggested fork sag 20%

Rear shock: FOX DHX2 Performance Elite

Size S: 450lbs

Size M: 500lbs

Size L/XL: 550lbs

SAG		RECOMMENDED SETTING*	
rider weight	spring rate	clicks from full open	
lbs / kg	lbs	spring compression	rebound
120 / 54	450	2-4	5-6
140 / 64	450	4-6	6-7
160 / 73	500	6-8	8-9
180 / 82	500	8-10	9-10
200 / 91	550	10-12	11-12
220 / 100	550	12-14	12-13
240 / 109	550	14-16	13-14

Settings based on Downhill application & 35% recommended sag

* These values offer a general recommendation. Rebound and compression damping settings are a personal choice and should be fine-tuned depending on the riding style and terrain conditions.