

SUSPENSION SETUP

FOXY ENDURO

Fork: Fox 36 29 Float FIT GRIP EVOL Rhythm, 160mm

Follow Fox 36 Float FIT GRIP EVOL Rhythm recommended settings on the bottom right back side of the casting.
Mondraker recommended Fox 36 Float FIT GRIP EVOL Rhythm fork settings based on rider weight and Enduro application:

SAG		RECOMMENDED SETTING	
RIDER WEIGHT	AIR PRESSURE	CLICS OUT FROM FULLY CLOSED	
lbs / kg	psi	LSC	LSR
<121-128lbs / <55-58 kg	55	open	16
129,8-136,4lbs / 59-62 kg	59	open	15
138,6-145,2lbs / 63-66 kg	63	open	14
147,4-154lbs / 67-70 kg	67	open	13
156,2-162,8lbs / 71-74 kg	71	open	12
165-171,6lbs / 75-78 kg	75	open	11
173,8-180,4lbs / 79-82 kg	79	open	10
182,6-189,2lbs / 83-86 kg	83	open	9
191,4-198lbs / 87-90 kg	87	open	8
200,2-206,8lbs / 91-94 kg	91	open	7
209-215,6lbs / 95-98 kg	95	open	6
217,8-224,4lbs / 99-102 kg	99	mid	5
226,6-233,2lbs / 103-106 kg	103	mid	4
235,4-242lbs / 107-110 kg	107	mid	3
244,2-250,8lbs / 111-114 kg	111	mid	2
>253-319lbs / >115-145 kg	115	mid	1

*Suggested fork sag 20%

These values offer a general recommendation. Rebound and compression damping settings are a personal choice and should be fine-tuned depending on the riding style and terrain conditions.

Rear shock: Fox Float DPS LV EVOL Performance

SAG		RECOMMENDED SETTING	
RIDER WEIGHT	AIR PRESURE	CLICS OUT FROM FULLY CLOSED	
lbs / kg	psi	LSC	LSR
<121-128lbs / <55-58 kg	120	open	11
129,8-136,4lbs / 59-62 kg	126	open	11-10
138,6-145,2lbs / 63-66 kg	132	open	11-10
147,4-154lbs / 67-70 kg	138	open	10-9
156,2-162,8lbs / 71-74 kg	144	open	10-9
165-171,6lbs / 75-78 kg	150	open	9-8
173,8-180,4lbs / 79-82 kg	156	open	9-8
182,6-189,2lbs / 83-86 kg	162	open	8-7
191,4-198lbs / 87-90 kg	168	open	8-7
200,2-206,8lbs / 91-94 kg	174	open	7-6
209-215,6lbs / 95-98 kg	180	open	7-6
217,8-224,4lbs / 99-102 kg	186	mid	6-5
226,6-233,2lbs / 103-106 kg	192	mid	4-3
235,4-242lbs / 107-110 kg	198	mid	3-2
244,2-250,8lbs / 111-114 kg	204	mid	2-1
>253-319lbs / >115-145 kg	210	mid	1

*Settings based on Downhill application and 30-35% recommended sag