

Fork: FOX 36 FIT GRIP EVOL Rhythm 170 mm

Follow FOX 36 FIT GRIP EVOL Rhythm recommended settings on the left back side of the casting +10 psi suggested for e-Bike application.

Mondraker recommended FOX 36 Rhythm fork settings based on Rider weight & Enduro e-MTB application:

SAG		RECOMMENDED SETTING*	
rider weight	air pressure	click(s) from full open	
lbs / kg	psi	rebound	compression
120 / 54	58	6-7	open
140 / 64	67	8-9	open
160 / 73	76	10-11	open
180 / 82	85	12-13	open
200 / 91	94	14-15	mid
220 / 100	103	16-17	mid
240 / 109	112	18-19	mid

Suggested fork sag 20%

Rear shock: FOX DHX2 Performance Elite

Size S: 350 lbs **Size M:** 400 lbs **Size L/XL:** 450 lbs

SAG		RECOMMENDED SETTING*	
rider weight	spring rate	click(s) from full open	
lbs / kg	lbs	compression	rebound
120 / 54	350	2-4	1-2
140 / 64	350	4-6	2-3
160 / 73	400	6-8	3-4
180 / 82	400	8-10	4-5
200 / 91	450	10-12	5-6
220 / 100	450	12-14	6-7
240 / 109	450	14-16	7-8

** These values offer a general recommendation. Rebound and compression damping settings are a personal choice and should be fine-tuned depending on the riding style and terrain conditions*

Settings based on Enduro e-MTB application & 30-35% recommended sag. Add 2-3 clicks each setting for a more controlled "XC-style" ride